

BERITA  
(For Members Only)



# PUDU

[www.rotarypudu.org.my](http://www.rotarypudu.org.my)

*The Weekly Bulletin  
of The Rotary Club of Pudu*



This website is sponsored

by

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of

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<i>Programme Today</i>	
<b>Speaker</b>	: DR. LIM TECK GHEE, CPI ASIA
<b>Subject</b>	: MALAYSIAN HISTORY – KEEPING IT STRAIGHT
ON DUTY	
Duty Table	: Patrick Lee
Fellowship	: Roy Sreenivasan
Finemaster	: Jeffrey Yap
Introduce	: Michael Yeow
Thanking	: Ken Ong

<i>Happy Birthday!</i>
Ann Davinder Sachdev (Rtn Stanley Pereira) (25th May) Ann Chin Lian (Rtn Ken Ong) (25th May)
<i>Happy Anniversary!</i>
PP Chow Tain & Ann Lena (24th May) PP Dato' Dr. Lee Hoo Teong & Ann Esther (25th May) Rtn Tan Peng Huat & Ann Kim Woon (27th May)

<i>Programme</i>	<i>On Duty</i>
<b>Speaker</b> : JOE CHUA HONG HUI – WWF Malaysia <b>Subject</b> : CLIMATE CHANGE	Duty Table : Tenny Lee Fellowship : Asok Kumar Finemaster : K.H. Low Introduce : Edward Lee Thanking : Y.K. Chew

*Next Week*

<i>Diary 23rd May – 12th June 2011</i>						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
<b>23</b> 12.45 pm Rotary Lunch Meeting Shangri-la KL	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b> 3.00 pm Interact Co-ordinating Council ICC SMK Methodist	<b>28</b> 10.00 am Rotaract 1st Medical Camp SRJK(C) Naam Kheung, Cheras	<b>29</b>
<b>30</b> 12.45 pm Rotary Lunch Meeting Shangri-la KL	<b>31</b>	<b>1</b> 7.00 pm Club Admin Committee Meeting Marco Polo Rest.	<b>2</b> 7.00 pm Rotary Foundation Committee Meeting Royal Lake Club	<b>3</b>	<b>4</b> 7.00 pm Pudu Rotaract Club Meeting Eurasian Club	<b>5</b>
<b>6</b> 12.45 pm Rotary Lunch Meeting 2.00 pm Public Relations Meeting Shangri-la KL	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>

The Club will always need well intended members to create a good club. It needs a good culture of integrity and be serious about the vision of Rotary. It must avoid any conflict of interest, avoid letting any ego getting in the way, especially self interest. How many can pass the 4-Way Test ?

Let us first not forget the reason for joining Rotary; and after joining Rotary, let us not just forget about it. We have be in touch, update and participate in any way that will contribute to the well-being and continuing success of the club. Excessive procedure can sometimes get in the way of enjoying Rotary even as we practice the principles of being a good Rotarian. Each of us are different, we must combine our individual talents to work together, to form a great club. We must help each other for the cause we profess to aim for.

We must have the right ideals, the right motivation and the right people. We must be prepared to lead by example, to make things happen. The Club must not become a one man show, we need many people to run the show, we will continue to need new members to ensure growth even as existing members continue to grow within the club.

Being active can mean one must invest emotionally at times for a lot of conflict is man-made and as long as self-interest don't get in the way, agreeing to disagree can engender good friendship. We are not a big club in terms of having many active members . We need to train ordinary members to become great members to carry on and consolidate, to maintain and to expand. We need to have a vision of what our Club would be like in the years to come.

Past-presidents can't continuously be depended upon to be active and we will need younger past-presidents to carry the torch, we must allow them to grow, to fall, and to pick themselves up to carry on if they are made of sterner stuff, full of enthusiasm and goodwill to carry through.

Some think that the moment one volunteers into Rotary one picks up the obligation to do the duty expected of a Rotarian. But as a speaker once said ,being an unpaid volunteer the obligation is a moral one and it is difficult to force a member to be active if he or she chooses not to. Birds of a feather flock together, so its better that the Club strive to recruit members who shares the value and appreciate the culture of Pudu Rotary Club even as changes are happening each year.

**Busy yet Serving in Rotary (part 1)**

As Rotarians, we are all deeply engaged in our respective vocations. Many of us work long hours and travel extensively. Despite the busy schedules, Rotarians always manage to allocate some of their precious time to serve the community.

I am always inspired by such commitment and devotion shown by my fellow Rotarians, and am grateful that some of them are serving with me in the Board of PRC in RY2010/2011.



Director Sandy Soh is the owner operator of a successful fruit juice manufacturing and distribution business. I was really touched when she gallantly volunteered to take up the Club Administration Director's post in support of the "2nd PRC Lady President" this year. With her background and experience in the F&B line, our club members are being pampered with excellent meeting venues and sumptuous meals.

Although busy running her business, she always made sure that her duties in Rotary are fulfilled. For the past 10 months, we had a great time serving together. One unforgettable occasion for me was that Sandy brought her whole family, including her mother in law, children and grand child to support our visit to the Jenjarum Old Folks Home. Thank you "Tai Kah Jeh"!



TRF Director Edward Lee holds a very senior position in a prominent travel company. In the dynamic travel line, Edward had to attend to some unique and urgent matters which could throw his schedules off track. One recent event came to mind was the earthquake and tsunami in Japan that resulted in numerous flights and tours cancellation. As a result, Edward had many sleepless nights, fire fighting to get the operations back in order. I have also learnt that we can forget about meeting up with Edward during the MATTA Fair seasons.

Despite of all these challenges, Edward had managed to complete all his projects in this Rotary year and fulfilled all that is required in his directorship. I am always happy meet with Edward's family when he brings them to support our club functions. Thank you Director Edward!

In Rotary Service,  
President RY 2010/2011

# Pudu News

## Record of Meeting on 16th May 2011

**Guest Speaker** : MS. JASMIN JAMES  
**Subject** : HOW TO CHOOSE THE RIGHT MEDICAL PLAN TODAY TO AVOID  
COSTLY MISTAKES TOMORROW

### VISITING ROTARIANS

<u>Name</u>	<u>Club</u>
Johnny Lim	RC KL Di-raja

### GUESTS

<u>Name</u>	<u>Host</u>
Jasmin	Club
Sarah	Club
Sock Sun	Club
Lynn	Michael Tung
Adam	Michael Tung

### STATISTICS

Visiting Rotarians	:	1
Guests	:	5
Club Members	:	27
<b>Total Present</b>	:	<b>33</b>

### COLLECTIONS

Birthdays / Anniversaries / Fines	:	RM 89.00
Paying Diners	:	RM 120.00
Raffles & Others	:	RM 53.00
<b>Total</b>	:	<b>RM262.00</b>

### **Club Proceedings** *Recorded by PP Phang Poke Shuan*

Acting Sgt-at-Arms Rtn Lawrance called the meeting to order at 1:14 pm and proceeded to introduce the visiting Rotarians and Guests. He then led in the singing of the National Anthem and proposed the loyal toast.

Finemaster was PP Sim Bee and requested PP Gary Lim to collect RM2 from Rtn Aaron Ong for standing down as finemaster and to pay RM2 as well for doing a good job. He then fined visiting Rotarian Johnny, the spouse of Rtn May Lim, RM2 and asked him to collect from May. The Teacher Adviser Hi Tea was a great success and he congratulated Rtn Laura Lee for a job well done and for giving a good speech. Nevertheless she attracted a fine of RM2 from Sim Bee. Similarly PE Steven also gave a good speech and he also paid up RM2. Those who missed the function had to pay a ringgit each and that included PP Chin Peow who in addition had to pay RM2 for missing the Hi Tea as well as being late for the meeting. The spouses night was a great success as well and all those who did not attend it had to pay a fine of RM2 each. The chairman IPP Robin Tay had to pay RM2 and another RM2 for being late. PP Sim Bee erroneously congratulated PP Sam on the launching of the Haemodialysis Center and he himself contributed RM1. He also contributed RM2 as well as fined PP Sam RM2 for driving a new car. Lastly the birthday boys, eg Rtn Mok Sin & Laura paid up RM10 for a birthday song.

### **President's Announcement**

Welcome to Pudu Rotary Club RY2010/2011's 41st Weekly Meeting.

The following activities were carried out last week:-

- Last Friday, 13 May 2011 our club held a successful Rotarian and Teacher Advisors' High Tea at the Hotel Sentral Pudu. Our Guest of Honour was DGE Dr Ravee. 23 Rotarian Advisors and 20 teachers and principals from 7 schools attended. Well done OC Laura Lee and New Gen Directors George Heng.
- Last Saturday 14 May 2011 our Club's annual spouses' Nite, with the theme "Down Memory Lanes" was held at the New Orleans Restaurant, Kelana Jaya. We had a casual and enjoyable evening of fellowship and fun. Thanks to OC IPP Robin Tay who brought in his friend's Salsa dance instructors who gave many of us a crash course in the dance.

Highlights of the upcoming Club events,

- On 18 June 2011 at 11 am, our club will be launching our 5th Dialysis centre in partnership with the St John Ambulance. The address is 25 Lorong Bunga Melati 2A, Taman Maju Jaya 56100 K.L.
- The Joint club assembly will be held on 18 June 2011 in the evening. PP Y K Chew has kindly

offered us to hold the Assembly at his Residence in Bukit Jalil Golf and Country Resort.

- c) Our Club's 45th Installation Dinner will be held on Sunday, 28 August 2011 at Shangri-La Hotel, K.L.

Other District Announcements,

- a) Rotary Club of Puchong Centennial will be holding their Membership Development - Fireside Dinner – and they would like to invite us as their fellow Group 10 member club to support. The date is on Tuesday, 31st May 2011 from 7:30 pm - 10.30 pm at Bukit Jalil Golf & Country Resort. Attire is casual smart. The event is a fireside dinner with 2 speakers + 8 members of RC Danau Desa as a Joint meeting. Their main aims are to develop potential members for group 10 clubs and good fellowships amongst club members.
- b) The District Awards Nite will be held on 25 June 2011 at the Flamingo Hotel, Ampang, KL. In support of our DG Kok Beng, our club has committed 3 tables. Those who are attending, please pay VP Heng RM80 for your seat.

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### ***The Speaker***

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PP Michael Yeow was invited to introduce the speaker Ms Jasmin James who was to speak on the subject "How to choose the right medical plan today to avoid costly mistakes tomorrow". Jasmin is a Certified Financial Advisor with the company Buss Consulting (M) Sdn Bhd. She grew up in KL and her early ambition was to be a tennis player. In 1994 she studied in the University Sains Malaysia where she graduated with honours in Management, majoring in Human Resources. After a brief stint with the corporate world she joined the Prudential as an Insurance Agent in 2001. In 2008 she left Prudential and joined Buss Consulting whose core expertise was in effective distribution of retail financial services. Jasmin continued to pursue various professional qualification and today she is a certified wealth planner, a Neuro Linguistic Programming Professional and a certified Professional Speaker Trainer.

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### ***The Talk***

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In starting her talk, Jasmin first of all disclosed that when she first started into the business of insurance there was some doubt on her ability to market a

good plan to her clients. However when she asked relevant questions on the various types of policies she got very good feedback from the clients. She had urged the clients to look into the various details of the insurance coverage like the how extensive was the coverage and how relevant was it to the clients.

She then compared some types of medical policies eg the Group Medical Plan as opposed to A Personal Medical Plan. There were some disadvantages in the Group plan eg the premium rates could be upped at the discretion of the insurance company, changes in the health of the employee could result in a loading, coverage not guaranteed and a low annual limits. According to her, a personal medical plan was therefore more relevant and necessary as it guaranteed to a certain age eg 70/75/80 and the premium rates were fixed. Moreover premiums could accumulate as savings and it was more flexible.

She then drew the attention to the audience on the various types of Personal Health Care Plans. The traditional policies mainly sold in the 1970s and 1980s were mainly in endowment and in Life policies. In the years of 2003-06, most insurance companies introduced the 10% co-insurance element which meant that 10% of the cost of the medical bill was transferred to the policy holder. Some even introduce the limitation of claims for cancer and kidney dialysis treatments.

Thus she urged the audience to first check on their own existing policies for limitations and loopholes. Policy holders should check on the terms and conditions as it could be detrimental to them in the event of a claim. She also urged to be careful of insurance agents who promised too much just to make a sale. Policy holders should review their policies every 2 years as every few years there were new policies coming into the market.

Lastly she opined that a good policy should have no co-insurance, no limit on claims for cancer & kidney dialysis treatment, high annual/lifetime limits for hospitalization & surgery cover, guaranteed renewal of coverage for life, accumulated savings with flexible withdrawals and fixed premium rates which could be upgraded according to the individual needs.

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### ***Thanking of Guest Speaker***

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Thanking her was Rtn A Kumar who also presented her with a Certificate of Appreciation and a memento.



*Sarky with our invited guests Jasmin and Sarah.*



*You'll look like Sam if you eat grass at club meetings.*



*KA Kumar thanking the speaker.*



*Guest speaker Jasmin.*



*Visiting Rtn. Johnny  
Lim*



*Guess who came for lunch!*



*Happy Birthday!*



*The traffic jam in the city caused the poor attendance.*

## ***CLUB MEETING 16 MAY***

***Traffic jam in the city centre caused by filming of a Hong Kong movie seemed to have affected the attendance too.***

It all beginning  
with this  
man.....

***“Manglish” aside IPP Robin organised an enjoyable Ann’s NIGHT on 14 May at the New Orleans Restaurant at Kelana Jaya.  
Salsa Dance exhibition was arranged for by Richard Wong and his Alor Studio dancers.***



*Ann Prema admires the beautiful gift.....*



*...it all began with IPP Robin Tay in-charge.*



*Ann Kinsh was responsible for preparing the gifts & packaging.*



*PP Tan Sri Dato Soong too gets a gift ....*

# ***ANN’S NIGHT 14 MAY 2011***



*Lawrance quietly listening to PP Albert’s karaoke singing.*

**... ANN'S  
NIGHT  
ON  
14 MAY  
2011**



*George Heng was there with Syn Chiet.*



*Dato Muslim seen here with PE Steven Oon.*



*Carmen & Shirley looking relaxed.*



*Suit Yong spots a new hairdo was seen with Lilian.*



*Sarky with Devi.*



*KH Low with Evelyn.*



*Albert caressing his best friend Whisky.*



*YK Chew with Adeline.*



*"You dance well Laurance" she says.*



*Pearl & Boon Kee seems to have fun.*



*"You dance well George? (heard that line before!)"*



*Sam sure knows how to make Suit Yong laugh.*

## ***ANN'S NIGHT....***



*"You dance well Shirley!" (same line again?)*



*The ladies all danced well!*

***LOOKS LIKE EVERYONE CLAIMS THAT THEY CAN REALLY DANCE WELL!***



*Robert seems to have wooden feet.*



*This is the way to dance.....*



*Pearl with Pres.Choy Ying can groove.*



*Y.K.Chew & K.H.Low have big feet.....*



*Carmen tells C.T. Heng his tummy is in the way.....*



*Salsa really is easy???*

**AMN'S NITE 14 MAY**



*Is Robert really the dancing champion?*

AND DID IT MY WAY



*Sarky's way.....*



*Pres. Choy Ying's way.....*



*Sad ways of Paul & Albert.....*

**KARAOKE ON  
ANN'S NITE**



*Adeline's way.....*



*The pair organized Ann's Nite Robin's way.....*



*KA Kumar has his ways.....*

## ROBIN SAYS “THANKS”

“From the bottom of my heart I would like to thank all for the support for our yearly Spouses Night. I was delighted and overwhelmed by the good turnout. The Salsa Dance demo was performed by my good friend Richard Wong with his Alor Studio Dancers and I hope they brought fun and cheers to all present. Kinsh personally selected the Spouses gifts and did all the packaging.

I like to record and thank the following for the drinks donation:

PP Sim Bee for bottle of whisky

PP Quah for two bottles of wine

Sandy, PP KU Rajah, PP Gary, PP Ken Ong and Arvin for a bottle of wine each

Pres. Choy Ying and PP Albert for a jug of beer each

IPP Robin for a bottle of whisky and two bottles of wine

A big “Thank You” to Lawrance for his endless commitment to his duty as Co-chairman and MC. His multi-talent really inspired me.

Please accept my sincere apologies should there be any shortcomings on that evening. Till we meet again thank you all.”

*Editor’s footnote: Would add that thanks be accorded to PP Albert and Sarky for their delightful karaoke voices, and to Albert also for his entertaining ways and superb dancing!*



*PP Albert with Shirley at his tipsy best....*



*“bonga” drums was superbly played.....*



*Robert tries dancing.....*



*Dato’ Muslim still has electricity with Datin.....*

**Star Edition**  
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 廣告部：110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851, 852, 853, 854, 855, 856, 857, 858, 859, 860, 861, 862, 863, 864, 865, 866, 867, 868, 869, 870, 871, 872, 873, 874, 875, 876, 877, 878, 879, 880, 881, 882, 883, 884, 885, 886, 887, 888, 889, 890, 891, 892, 893, 894, 895, 896, 897, 898, 899, 900, 901, 902, 903, 904, 905, 906, 907, 908, 909, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 920, 921, 922, 923, 924, 925, 926, 927, 928, 929, 930, 931, 932, 933, 934, 935, 936, 937, 938, 939, 940, 941, 942, 943, 944, 945, 946, 947, 948, 949, 950, 951, 952, 953, 954, 955, 956, 957, 958, 959, 960, 961, 962, 963, 964, 965, 966, 967, 968, 969, 970, 971, 972, 973, 974, 975, 976, 977, 978, 979, 980, 981, 982, 983, 984, 985, 986, 987, 988, 989, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 1000

# 富都扶輪社

## 蕉賴洗腎中心 618 啓用

为了筹备这家洗肾中心，富都扶輪社筹集了45万令吉，以作为购买10台洗肾机的费用。

【八打尼再世13日讯】富都扶輪社的第五家洗肾中心即将在8月18日于茨厂街成功花园正式启用。

这是富都扶輪社与圣约翰救伤队继巴生、万隆、旁加和沙登南合作后，第五间合作的洗肾中心，同时这些洗肾中心也为肾病患者减轻了许多负担。

### 筹集45万购10台洗肾机

为了筹备这家洗肾中心，富都扶輪社筹集了45万令吉，以作为购买10台洗肾机的费用。

该计划筹委主席宋志森指出，蕉赖成功花园的洗肾中心将为蕉赖以及安邦一带的肾病患者提供服务。

“洗肾中心一旦启用后，附近的患者可免去舟车劳顿之苦，也节省不少费用。”

他透露，洗肾中心设备齐全，这表示，其他出席的包括：民政中兴与基金会顾问李登耀、圣约翰救伤队全国总指挥官李登烈、雪州州督官李登烈、富都扶輪社主席梁彩英等。

他指出，在过去10年，我国的肾脏病患者增加20%，最近政府更关闭了多间没有执照的洗肾中心，此举也将对低收入的患者造成一定的困扰。

富都扶輪社的第五家洗肾中心地址：25, Jorong Bunga Melati 2A, Taman Raju Jaya, Pasirpan, 50100 Kuala Lumpur.



圣约翰救伤队、民政中兴基金会以及富都扶輪社一同签署暨暨洗肾中心备忘录；左起刘明德、杨金同、梁志杰和梁彩英。

### Rotaract News

#### ROTARACT CLUB OF PUDU 1ST MEDICAL CAMP

Dear Rotarians

Please come and support this Rotaract event on the 28th May 2011 from 10am-5.00pm

Rtn Patrick Lee.

From: Chan Kwai Hong <kwaihong86@gmail.com>  
 To: racpudu@yahoo.com  
 Sent: Tue, May 17, 2011 6:35:49 AM  
 Subject: [racpudu] Rotaract Club of Pudu 1st Medical Camp

Dear all,

We are having our 1st medical camp on Saturday, 28th May 2011 at SRJK(C) Naam Kheung, Cheras. The basic medical check-up will be provided by Segi University College, National Breast Cancer Association and NASAM are the followings:

- 1) blood pressure test
- 2) diabetic test
- 3) basic eye check-up
- 4) breast cancer awareness and check-up
- 5) organ donation pledge talk
- 6) stroke awareness

Apart from that, there will be limited goodies bag will be given to the first 200 participants. For those who wish to sponsor the event, you may contact me through kwaihong@msn.com or Sook Sun through sssun1@yahoo.com.

Cheers,  
Kwai Hong