

Berita Pudu



www.rotarypudu.org.my

The Weekly eBulletin of the Rotary Club of Pudu Kuala Lumpur, Malaysia RI District 3300

Table of Contents

Programme / Diary of Events	2
Editorial / President's Message	3
Pudu News / Club Proceedings	4
Introducing Speakers / CV / Thanking	5
Speakers' Text	6-10
Photo Gallery / 23 Sep Meeting	11
Photo Gallery / 23 Sep Meeting	12
Youth — Interact Events	13
100 Percenters' Dinner	14
Club & District Diary of Events — Future	15
District News / DG Communication 7/2013	16
District News / Pre-PETS 1 Training Seminar	17
District News / Youth Service — RYLA 2013	18
RI News — Club Finder/Locator	19
Thots for the Week	20
One Liners	21
True or False	22
Advertorial	23

Date : 30th September 2013

Issue No: 12



PROGRAMME FOR TODAY

Speaker: Rtn Mok Sin Subject: Classification Talk

On Duty

Duty Table: Rtn Steven Ho

Fellowship: Rtn Chinniah Arumanadan

Finemaster: Rtn Sandy Soh Introducing: PP Richard Liew Thanking: PP Dato N K Jasani

Rotarians' Birthdays (October)

12th – PDG K B Lee 17th – PP Michael Yeow 29th – PP Mike Tung

PROGRAMME FOR NEXT WEEK

Speaker: Dr Ernest Wong

Subject: Achieving Peak Performance – DNA,

Personality & Character

On Duty

Duty Table: Rtn Elaine Tan
Fellowship: Rtn Patrick Lee
Finemaster: Rtn Edward Lee
Introducing: PP Mike Yeow
Thanking: Rtn Loo Ming Chee

Spouses Birthdays (October)

5th – Spouse Johnny Lim (Rtn May Lim) 8th – Ann Catherine Foo (Rtn Jeffrey Yap) 13th – Ann Siew Leng (PP Ng Sim Bee) 13th – Ann Bharati (PP Dato' N K Jasani) 19th – Ann Eelian (Rtn Loo Ming Chee)

Wedding Anniversaries

2nd – PP Ken Ong and Ann Chin Lian 18th – Rtn Edward Lee and Ann Elsie 27th – President Alex Chang and Ann Elaine

CLUB DIARY OF EVENTS - OCTOBER 2013

Date	Time	Programme	Venue
_			
Mon, 30 th Sep	12.45 pm	Weekly Meeting	Shangri-La Hotel, KL
Wed, 2 nd Oct	6.30 pm	Club Service Committee Meeting	Royal Lake Club, KL
Sat, 5 th Oct	4.00 pm	Rotaract Board of Directors Meeting	Carmens Restaurant, KL
Sat, 5 th Oct	6.30 pm	2 nd Fireside	Rtn Tenny Lee's Residence
Mon, 7 th Oct	12.45 pm	Weekly Meeting /Launching of 4Way Test Project	Shangri-La Hotel, KL
Wed, 9 th Oct	6.30 pm	Youth Service Committee Meeting	Bukit Kiara Equestrian Club
Wed, 9 th Oct	7.30 pm	Community Service Committee Meeting	Bukit Kiara Equestrian Club
Sat, 12 th Oct	6.30 pm	100 Per Center Appreciation Dinner	Crystal Palm Seafood Restoran, KL
Sun, 13 th Oct	11.00 am	In House Rotary Information Seminar	418, Jalan 5/132, Gasing Indah, PJ
Mon, 14 th Oct	6.00 pm	Weekly Meeting/Employer-Employee Dinner	Shangri-La Hotel, KL
Tue, 15 th Oct	6.30 pm	International Service Committee Meeting	Bukit Kiara Equestrian Club
Wed, 16 th Oct	6.30 pm	Vocational Service Committee Meeting	Bukit Kiara Equestrian Club
Sat, 19 th Oct	3.00 pm	Rotaract Club of Pudu General Meeting	Carmens Restaurant, KL
Sun, 20 th Oct	6.30 pm	Past Presidents Council Meeting	Marco Polo Restaurant,
Mon, 21 st Oct	12.45 pm	Weekly Meeting	Shangri-La Hotel, KL
Fri, 25 th Oct	2.00 pm	Interact Coordinating Council Meeting	SMK Methodist, KL
Mon, 28 th Oct	12.45 pm	Weekly Meeting	Shangri-La Hotel, KL
Wed, 30 th Oct	6.30 pm	Board Of Directors Meeting	Royal Lake Club, KL

EDITORIAL

young man learned what was most important in life from the guy who lived next door. It had been some time since Jack had seen the old man. In fact, Jack moved across the country in pursuit of his dreams. There, in the rush of his busy life, Jack had little time to think about the past and often no time to spend with his wife and son.

Over the phone, his mother told him, "Mr. Belser died

last night. The funeral is Wednesday." Memories flashed through his mind like an old newsreel as he sat quietly remembering his childhood days. It has been been so long since I thought of him. I'm sorry, but I honestly thought he died years ago," Jack said."Well, he didn't forget you. Every time I saw him he'd ask how you were doing. He'd reminisce about the many days you spent over 'his side of the fence' as he put it," Mom told him. "I loved that old house he lived in. You know, Jack, after your father died, Mr. Belser stepped in to make sure you had a man's influence in your life," she said. "He's the one who taught me carpentry," he said. "I wouldn't be in this business if it weren't for him. He spent a lot of time teaching me things he thought were important...Mom. I'll be there for the funeral," Jack said.

Jack and his Mom stopped by to see the old house next door one more time. Standing in the doorway, Jack paused for a moment. The house was exactly as he remembered. Every step held memories. Every picture, every piece of furniture...Jack stopped suddenly. "What's wrong, Jack?" his Mom asked."The box is gone," he said. "What box? " Mom asked." "There was a small gold box that he kept locked on top of his desk. I must have asked him a thousand times what was inside. All he'd ever tell me was 'the thing I value most," Jack said.

It was gone. Everything about the house was exactly how Jack remembered it, except for the box. He figured someone from the family had taken it. "Now I'll never know what was so valuable to him," Jack said. It had been about two weeks since Mr Belser died. Returning home from work one day Jack discovered a note in his mailbox. "Signature required on a package. No one was at home. Please stop by the main post office within the next three days," the note read. Early the next day Jack retrieved the package.

There inside was the gold box and an envelope. Jack's hands shook as he read the note inside. "Upon my death, please forward this box and its contents to Jack Bennett. It's the thing I valued most in my life." A small key was taped to the letter. His heart racing, as tears filling his eyes, Jack carefully unlocked the box. There inside he found a beautiful gold pocket watch.

PRESIDENT'S MESSAGE

""Never tell people how to do things. Tell them what to do and they will surprise you with their ingenuity."





In the final week of the Youth Service month, I learned a few things reading an article posted on the website www.clubrunner.ca with respect to the responsibilities of the Interact President.

Responsibilities in office include:

- Conduct effective meetings...
- Plan creative programs...
- <u>Delegate responsibility to help other members</u> <u>develop their leadership skills and to avoid getting</u> <u>overwhelmed with details.</u>
- Identify members' skills and interests, and harness them in club projects.
- Pay attention to membership growth and development.

It dawned on me that from a tender age, the Interact Presidents have been drilled and trained to delegate, harness the members' skills, develop them into future leaders. As Rotarians, we must therefore give ample opportunities to the up and coming club leaders to take up responsibilities and to grow. Like what General Patton said, never tell them how to do it but what to do.

Pudu is so blessed to have a wonderful team of club members running the club. It makes me feel so warm that so many members are coming forward to offer their homes to have firesides, club assemblies and even anniversary celebrations.

In closing I like to quote Michael Jordan: "Talent wins games, but teamwork and intelligence wins championships."

Alex Chang President

Editorial (cont'd)

Running his fingers slowly over the finely etched casing, he unlatched the cover. Inside he found these words engraved: "Jack, Thanks for your time! Harold Belser."

"The thing he valued most...was...my TIME."
Besides our time given to our families and our vocations, do we as Rotarians give enough of our time to Rotary? To the dying, the destitute and the disadvantaged?

Warmest Regards. PP Mike Tung

PUDU NEWS

Record of Meeting on: 23rd September 2013

Guest Speaker 1: PDG Dr Paul Lee Subject: "Membership and its Obligations" Guest Speaker 2: PP Leong Choy Ying Subject: "Significant Projects of the District and RC Pudu"

Guests:

Name	Host
Ms Carol Ong	PP K H Low
Mr Lee Jia Jie	PP K H Low
Mrs Evelyn Tan	PP K H Low
Professor Tan	PP K H Low
Mr Steven Chiew	PP Gary Lim
Mr Eddy Tey	PP Gary Lim
Mr Stanley Lim	PP Albert Lim
Mr Michael Lee	PP Albert Lim
Raja Razman Shah Raja	
Mahamod	PP Mike Tung
Vone Kwan	Rtn Sandy Soh
Mr J C Bedwell	Rtn Mok Sin
Ms Mookie	Rtn Mok Sin
Mr Craig Gomes	Rtn Sarkunan
Mr Kelvin Lam	Rtn Steven Ho
Mr Bobby Teoh	Rtn Steven Ho
Mr Chew Eng Chuan	Rtn Steven Ho

Statistics

Guests	16
Visiting Rotarians	-
Club Members	21
Total Present	37

Collections:

Birthdays/Anniv/Fines	64.00
Paying Diners	30.00
Raffles & Others	72.00
Total (RM)	166.00

CLUB PROCEEDINGS

Acting Sgt-At-Arms Rtn Asok Kumar called the meeting to order at 7.45 pm on behalf of President Alex Chang. He welcomed all Rotarians and Guests. Rtn Asok Kumar led in the singing of the National Anthem and then proposed the Loyal Toast.

The fine master was PP Albert Lim.

- PP K H Low and PP Gary Lim were fined RM 2 for assisting in the fines collection.
- PP Mike Tung was fined RM 2 for not helping in the fine collections because he had to record the proceedings.
- PDG K B Lee was fined RM 1 for conducting the Youth Service Fireside at R C Cheras.
- PP Leong Choy Ying was fined RM 1 for speaking at the R C Pantai Valley weekly meeting.
- PDG Dr Paul Lee was fined RM 1 for speaking at the Membership Development Meeting.
- Rtn Sandy Soh was fined RM 5 for hosting a very successful second Club Assembly with home cooked sumptuous dinner.
- Rtn Laura Lee was fined RM 2 for organizing a well planned second Club Assembly.

- Rtn Veronique was fined RM 2 for getting our Interact Clubs to participate in the District I-Quiz Competition.
- Members who did not invite any guests were fined RM 3.
- Members with guests were fined RM 1.

PRESIDENT'S ANNOUCEMENT

1) The Board of Directors Meeting will be held on Wednesday, 25th September 2013 at the S'Mores Restaurant, Bangsar South, KL at 6.30 pm

INTRODUCING THE SPEAKERS

Rtn Daisy Chiu introduced the guest speakers:

- PDG Dr Paul Lee who spoke on the subject "Membership and its Obligations" and
- PP Leong Choy Ying who spoke on "Significant Projects of the District and RC Pudu"

ood evening Past District Governors, Club Past Presidents, Fellow Rotarians and Honoured Guests, On behalf of President Alex Chang and the Rotary Club of Pudu, I extend a warm welcome to all of you to our Membership Night I remembered 4 years back, I was just like one of you, sitting there and lis-



tening to speakers telling us what Rotary is all about. And today, I am standing up here as the Organising Chairman of this Membership Night.

The purpose of this Membership Night are two, namely:-

- 1. To share with you about ROTARY and what Rotary is all about.
- 2. To correct some misconception the general public has about Rotary like that we are an anti-Islamic organization or we are a Zionist organization or that we are a rich mens' club

I hope that after listening to the speakers this evening, you will have a better understanding on what Rotary is and what Rotary does. If you should by then want to consider joining us to serve the less fortunate, we will be most happy to welcome you. We need people like you who have the same heartfelt attributes of doing good acts of kindness and who want to continue creating change to make this world a better place for us all. We thank you for coming and we wish you an enjoyable evening. Let me now introduce our speakers.

SPEAKER'S CV

Our first speaker is our own Past District Governor Dr Paul Lee, who will be sharing with us on Rotary Membership and its Obligations. Dr Paul Lee is a dentist by profession. He graduated from the University of Singapore and joined our Rotary club of Pudu in 1976. He served as our Club President in 1984-85 and District Governor in 1998-99. Paul has served Rotary International in the various Rotary International Task Forces and Committees. He is an International Training Leader to train incoming District Governors. Paul was also President of the Malaysian Dental Association and Malaysian Private Dental Practitioners' Association.

Our second speaker is Past President Leong Choy Ying. Choy Ying has worked in Audit, Merchant Banking and Stock Broking industries prior to joining her current employer, PPB Group Berhad as the Chief Financial Officer (CFO) in 2004. She is happily married to Edward Wong and has 3 teenage children.

Choy Ying was introduced to Rotary in 2003 by Past President Dato PY Choong from the Rotary Club of Pudu. She served the club in various Board positions before taking on the role of club president in RY 2010/2011.

THANKING THE SPEAKERS



PP K H Low on behalf of the Club thanked PDG Dr Paul Lee and PP Leong Choy Ying for a very educational and enlightening talk. He commented that Rotary was founded on fellowship and friendship. He reiterated that Rotary requires our time, our ex-

pertise and our contacts. He invited our guests to join RC Pudu if they were contemplating on joining a Rotary Club



t was a great evening, all two hours of it. The audience enjoyed the dinner and fellowship; and must have learnt something about Rotary, specifically the Rotary Club of Pudu. At the end of it all, our forever lucky PDG Sir KB Lee won the Raffles Draw. He must have bought a lot of tickets!



SPEAKER'S TEXT

What is Rotary?

Ladies & gentlemen and my fellow Rotarians & members of the press

Firstly, let me thank you all for coming.

As Rotarians, we realised that the general public's perception of Rotary is very varied. Rotary is at times perceived as a rich mens'



club or a social club or a club where members meet for lunch only or a business networking club or a club to do charity or even a "snob" club!!

Believe me we are "none of the above".

The object of this talk therefore is to share with you some fundamental information and principles on Rotary which we hope through this short sharing, will provide you with a better understanding of the Rotary movement and what Rotary stands for.

Of course, if any of you are keen to know more about Rotary or would contemplate joining us as Rotarians, you will be most welcomed. But if you are unable, we hope this talk will provide you a better insight into Rotary and how one can become a member.

Also we hope that if your friends, business colleagues or relatives want to know about Rotary, you would be able to provide them the correct information.

My talk this evening will cover 3 areas namely:-

- What is Rotary?
- Qualifications to be a Rotarian
- Obligations of Membership
- Benefits of Membership (if time permits)

(1) WHAT IS ROTARY?

Rotary is an international service organisation. Rotary is **not** a charitable organisation.

We are the oldest international service organisation in the world and is one of the biggest. Lions International has more members than Rotary.

Rotary is in more than 170 countries; from America, Japan, Australia to Pakistan, Afghanistan, Egypt, Tajikistan and United Arab Emirates.

Rotary was started by a man called Paul Percy Harris in 1905 in Chicago. It was founded on the principle of

friendship and fellowship. When Paul moved to Chicago, he was lonely and he wanted to have more friends. He then called 3 of his friends together and they met for fellowship. They met regularly in **rotation** in each other's place of business. Later they expanded their group to take in more business leaders and professionals with the rule that they will accept one member from each vocation or business only.

At that time, Chicago was in deep depression and so Paul and his friends decided to help the less fortunate of the community. Thus community service was born into Rotary. So Rotary was not founded on service but on friendship and fellowship.

Then in 1908, the first Rotary Club outside the United States, the Rotary Club of Winnepeg, Canada was formed. Rotary thus crossed International boundaries.

From its formation, Rotary has always been

- Non-political,
- Non-racial and
- Non-religious

(Rotary is so strict with this rule that NO Rotary Clubs are allowed to discuss at their formal meetings topics of politics, race or religion)

(2) QUALIFICATIONS TO BE A ROTARIAN

- A Rotarian is a member of a Rotary Club
- A Rotarian is any adult (male or female) of good character and good reputation who is proprietor, partner, corporate officer or manager of a business or profession or one who holds an important position with executive powers.
- In addition to the above a Rotarian must be an adult (with no criminal records of course) and can be a man or a lady. Rotary also admit ladies as members.

What constitutes a Rotary Club?

From the days Rotary started, Rotary membership in a club always had a very diverse variety of professions and vocation ranging from doctors, lawyers to hair dressers, boutique owners etc etc.

A Rotary Club will ...

- Consists of a cross section of the leaders of the community and professionals joining hands to serve the community
- Each Rotarian represents a vocation in the club and it is through the vocation that he or she becomes a member of a Rotary Club.
- This is based on the founding principle of having only one member representing one vocation in a Club.
- Rotary Clubs in Malaysia conduct our meetings in English.

- We also have Bi-lingual Clubs.
- We have two Chinese/English speaking clubs one in Ipoh (Rotary Club of Ipoh Metro) and one in Kuala Lumpur (Rotary Club of Cheras)
- We have one Bahasa Malaysia/English speaking Club Rotary Club of Kampong Baharu

What is a VOCATION?

Vocation refers to one's regular employment, calling, business, profession or occupation. In simple words, all company managers; executives or business proprietors and all professionals can be Rotarians.

HOW DOES ONE JOIN A ROTARY CLUB?

The irony to that question is that one **cannot** apply to join a Rotary Club. One has to be introduced to be a member by an existing member of the Rotary Club.

This Rotary rule is to ensure that the founding principle of Rotary which is promoting good friendship and fellowship amongst its members is adhered to. I can assure you that if a person who qualifies and wants to be a member of a Rotary Club, the Rotary Club will be more than happy to have him or her.

Another reason for this "introduction" rule is that Rotary Clubs discourage too many members of the same vocation in one club. That is to say for example a Rotary Club with 30 members cannot have more than 3 lawyers or 3 bankers or 3 hoteliers or 3 insurance personnel. This is to ensure that the Rotary Club consists of a cross-section of the community leaders in the community.

OBLIGATIONS of ROTARY MEMBERSHIP & BENEFITS

The obligations can be discussed under 2 areas:-

- 1. Time commitment
- 2. Financial commitment

(a) TIME COMMITTMENT

A Rotarian is required to attend a Rotary **WEEKLY MEETINGS**. It can be his or her own Club meeting or another Rotary Club's meeting. This is in line with the first part of the Object of Rotary ie "The development of acquaintance as an opportunity for service". Through regular meetings, Rotarians become good friends and not be mere acquaintances. They can then join hands to serve the community better.

This requirement may appear to be too difficult a commitment to fulfil. Believe me it is not. Rotary meetings are very casual, friendly with lots of fun and informative beneficial speakers. Rotarians can also bring as many friends or business colleagues to the Rotary meetings.

Second meeting requirement is to attend the **SERVICE COMMITTEE MEETINGS.** It is at the committee meetings that the planning of service projects is carried out. The committee meetings are usually held after office hours with the time, day and venue all fixed for the whole year. Thus a Rotarian can mark out in his or her diary all the meeting dates for the year.

Attending all these meetings is important but at times due to pressure of work etc a Rotarian can be excused from attending.

Other meetings are those **AD HOC MEETINGS**. This depends on how active a Rotarian is and what posts he or she holds in his or her Rotary Club.

(b) FINANCIAL COMMITTMENT

- 1. The first is the **ENTRANCE FEES**, which ranges from \$100 to \$200 depending on the Rotary Club.
- 2. The second is the **ANNUAL SUBSCRIPTION**, which works out to be about RM20 to RM30 per month also depending on the Rotary Club.
- 3. The third is on **FUND RAISING**. A Rotarian's financial contribution is strictly voluntary ie no one can force a Rotarian to contribute more than he/she desires. Other financial commitments are:
 - A Rotarian's lunch or tea bills during weekly meetings.
 - Fines, which are fun sessions where Rotarians contribute RM1 to RM2 for each fine.

It must be stressed that Rotary does not ask for the Rotarian's money. Rotary wants from Rotarians their TIME, EXPERTISE and CONTACTS.

Thus Rotary Club membership is **not** for the super-rich – it is not a rich mens' club. Rotarians are not expected to dig into their own pockets and bring out thousands of dollars every year. If that is the case, I will not be in Rotary for I do not have such money.

Instead, Rotarians, being leaders of their vocations are required to provide their expertise in carrying out innovative projects for the benefit of the community. Rotary is not and I stress "is not" a money dishing organisation. Rotary is not a charitable organisation. It is a service organisation.

Rotary Clubs consists of **leaders** of the community who plan projects that are innovative, original and beneficial for the community so that other NGOs or the government could emulate or take over the projects initiated by Rotary Clubs.

(3) BENEFITS OF BEING A ROTARIAN

There are over 25 benefits of Rotary membership but I will just list only five.

1) Widen our circle of friends

Rotary provides us also with true and good friends as well as contacts for our daily needs - like doctors, architects, remisiers, insurance agents, contractors, etc.

2) Improve our knowledge

At every Rotary Club meeting, our club invites speakers who speak on topics ranging from health, finance to world affairs. These talks are very informative and beneficial.

3) World wide friendship

A Rotarian can walk into any of the 34,000 Rotary Clubs in 168 counties in the world and will be welcomed with open arms. Rotarians will find true friendship in strange lands and distant shores. The Rotary membership provides us instant friendship and help if we so need.

4) Rotary makes us better man

As we serve the less fortunate, we will begin to appreciate more and more how blessed we are. We will be more appreciative of all the blessings. We will be less inclined towards chasing the Joneses. We will be more satisfied with what we have. We will have more peace. This benefit will also filter down to our family members especially our children. They when brought to mix with orphans, handicapped and the homeless will better appreciate the comforts of their home, the love of the family and the blessings they receive. They will not compare so much. They will appreciate more what we parents provide for them.

5) To be able to help others

All of us so very often have that desire to do something for the less fortunate. Our heart breaks when we see so much poverty and suffering. Our inner self pushes us to do something to help, to show we care. We want to do something to repay society for blessing us with all the comforts of life.

BUT very often we can't. We can't not because we do not want to. We can't because our work, our family and our hobbies overtake our desire. We can't because we do not have the time.

Rotary provides us that solution. Through Rotary, we are able to join hands with others to do our small part for the deprived. Through Rotary, we continue to help and show that we care. Thus Rotary provides us that opportunity to contribute to the less fortunate the whole year round and year after year.

We may be serving as the organising chairman or only as a committee member or just by mere support of presence, we are still contributing because the contribution is from our Rotary Club and we are members of the Club.

As long as our Rotary Club is doing something, we share that service.

In conclusion, let me quote you a famous saying:-

"I alone will not be able to do anything for the community,

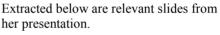
You alone may be able to do something for the community,

BUT together, we can surely do a great deal for the community."

When we ask for LIQUOR we want XO
When we buy AIRTICKET we want FIRST CLASS
When we buy SHARES, we want BLUE CHIPS
When we want HOTELS, we want FIVE STARS
BUT when we talk about SERVICE, it is ROTARY!

PDG Dr Paul Lee 23 Sep 2013

ur next speaker, Past President Leong Choy Ying gave a PowerPoint presentation entitled "Significant Projects of the District and RC Pudu."





What do Rotarians do?

Club Projects in District 3300

- Medical Projects
- Community Projects
- Education Projects
- Leadership Training Projects
- International Humanitarian Projects
- Haemodialysis centres
- Donation of ambulances
- Klinik Kebajikan Rotary
- Golden Child Project
- Micro Surgery Medical Equipment
- Setting up of Intensive Care Unit & Temporary Accommodation
- Leg for the Legless
- Organ Donation Campaign
- Health Programme

Medical Projects



Education Projects

- Home Science Lab Project
- Hospice Training Programme
- First Aid Workshops for Tow Truck Drivers
- Computer Centres
- Concentrated Language Encounter Program

International Humanitarian Projects

- Eradication of Polio Rotary International
- Disaster Assistance North Korea, Indonesia
- Grandma Cares Aids orphan in Thailand
- Mobile Mortuary Project India
- Van for Firstkids Phnom Penh, Cambodia
- Clean Water Project Siem Reap, Cambodia

Pudu Rotary Club's past projects

 "ADOPTED" JENJAROM'S OLD FOLKS HOME – 1988 to date



 This concept of adopting old folks homes by various agencies was eventually promoted by the Government nationally

Community Projects

- Milk Feeding Scheme
- Put a Smile on Little Faces
- Adoption of Old Folks Home
- Donation to Spastic Centre
- Supermum Project
- Bus Shelter
- PERKOBP
- Festive Cheers

Youth & Leadership Training Projects

- Outward Bound Children's Adventure Course
- Environmental Protection
- Scholarship Programme
- Underprivileged & Physically Challenged Youth
- Interact Leadership Training

Pudu Rotary Club's past projects

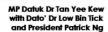
SCHOLARSHIP SCHEMES - 1984 to date

- our late Charter President Doug Fraser solicited support for our scholarship program from Australia
- donors gave AUS \$50 which was equivalent at then to RM125.
- assist poor students in school books, uniform or examination fees.
- Since then, we have raised funds annually from kind Malaysian donors and disbursed to more than 5,000 students for amount in excess of RM1,000,000.

HEAMODIALYSIS DIALYSIS CENTRE

We assisted St. Johns Ambulance in setting up a Heamodialysis Dialysis Centre in Port Klang in 2002.







"the plaque"
2 machines were
from Matching Grant

Pudu Rotary Club's past projects "Put a Smile Back on the Little Faces"

project for reconstructive surgery for children with congenital cleft lip and/or palate



Equipped Libraries & Computer Rooms for Tamil Schools



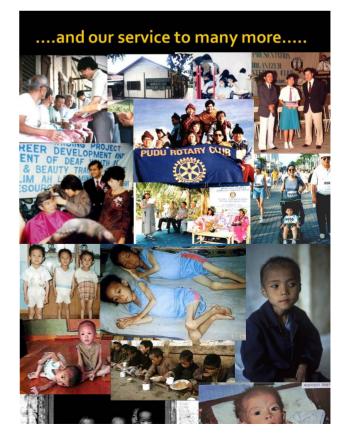


We Also Took The Handicapped For Outdoor Adventure



Recognised People working with HIV Positive Patients





Rotary?

CLUB MEETING ON 23 SEPTEMBER 2013



President Alex Chang with the Speaker PP Leong CY

Acting SAA Asok Kumar

Finemaster Albert Lim



Michael and Gary Lim with Guests

Daisy, Patrick and Sim Bee with Guests



Mok Sin (R) with Guests

Dr Paul Lee with Guests

CLUB MEETING ON 23 SEPTEMBER 2013



Sandy (centre) with Guests



KH Low with Guest



Steven Ho and Guest



Sarky and Guest



Sumptuous dinner...



...and good fellowship

President Elect Daisy Chiu must be very pleased with the turnout at the Membership Development Night on Monday 23 September 2013. Her committee has worked hard to organize this function. The support given by members who brought their guests (hopefully potential members) to see and hear what Rotary is all about, was certainly commendable. We are looking forward to the necessary follow up actions. g on Sep 11, 2013

YOUTH — INTERACT EVENTS



Hi Michael

Concerning SMK Dato Onn it was their IU day, the subject was "Love in Paris."

Present were 2 teachers of the school and the teacher advisor Puan Lau Siew Huong; and I. After the National and Interactor anthems and speeches; they performed a cup song, they made music with plastic cups. After that a French song to which they danced and created like a live picture of a street of Paris, with a bakery, a cafe with customers

An Interactor was singing between the different performances. After that it was a slideshow where the students were speaking French, because the Dato Onn Interactors have regularly followed my French lessons.

I also made a French dessert cooking demo but the microwave was out of order

After that they thanked and gave gifts to the teachers. For me the gift was hand made specially for me, it was a huge Eiffel tower; made me very emotional.

Then the teachers and I were invited to get free a lunch at the Food court. It was a warm IU Day.

Veronique

Hi Michael

Pres Alex, Rtn Patrick Lee and I gave a cheque of RM 3,816.00 donation for two computers to SMK Sri Sentosa school Friday 20 September at 7.30 am.

For the occasion the Principal organised a small ceremony to thank Pudu Rotary Club. She gave a speech and Pres Alex responded.

All the students of the school were present and the Interactors were waiting for us at the main entrance.

After they gave us breakfast, we chatted about the school and problems with vandalism in the toilet.

On departure we received a door gift bag from Puan Muttu, the Teacher Advisor who have been our guide to visit the school and different classes.

Best regards Veronique

100 PERCENTERS' DINNER

Dear Editor,

I am pleased to provide the list of 100% attendance for RY2012-13. To celebrate this significant milestone, I have booked Crystal Palm Seafood Restaurant, Batu 2 Jalan Ipoh on 12 October, 2013 (Saturday - 7 pm). A sumptuous dinner and karaoke session is lined up for the event.

Kindly help publish the attendees in the next two e-Bulletins of our club and venue too.

Regards, IPP Aaron Ong 27 Sep 2013

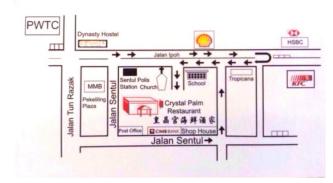
- 1 ASOK KUMAR
- 2 PRES. ALEX CHANG
- 3 PP CHOO JEE SAM
- 4 DAISY CHIU
- 5 HENG CHUN TEE
- 6 KRISHNAN ROY
- 7 PP KU RAJAH
- 8 TENNY LEE
- 9 PDG DR PAUL LEE
- 10 PATRICK LEE
- 11 LAURA LEE
- 12 PP LEONG CHOY YING
- 13 PP RICHARD LIEW
- 14 PP GARY LIM
- 15 PP ALBERT LIM
- 16 LOO MENG CHEE
- 17 PP KH LOW
- 18 PP NG SIM BEE
- 19 PP KEN ONG
- 20 IPP AARON ONG
- 21 MOK SIN
- 22 SANDY SOH
- 23 PP TAI CHIN PEOW
- 24 ROBERT TAN
- 25 PP MICHAEL TUNG
- 26 ELAINE TAN
- 27 VERONIQUE PEARCEY

79th Rotary International District 3300 Conference Focal Theme :

Engage Rotary, Change Lives

- Ron D. Burto

Sunway Putra Hotel, Jalan Putra, Kuala Lumpur 13th - 15th December 2013



Sketch map of the restaurant location

NOTICE

My Fellow Pudu Rotarians,

The Board is trying to locate the following club properties:

- 1. A pair of 3 feet height speakers
- 2. Loud Hailer (portable loud speaker & mic)

We will be most grateful if any Pudu Rotarians know and can help us locate these 2 items.

<mark>Thank you</mark> Rtn Laura

Dear Friends,

I am please to announce that 2 students have departed



to France D1520 on a Long-term exchange program. They are Tharanietharen s/o Rajendran and Kheeran Kribanandan Naidu.

They are both sponsored by the Rotary Club of Damansara. A girl from D1520 France arrived KL soon after. Here she is with PDG Dr Paul Lee.

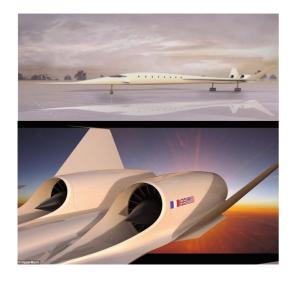
PP Pushpa Krishna District Youth Exchange Chairman



CLUB & DISTRICT DIARY OF EVENTS - FUTURE

Date	Time	Programme	Venue
4 th – 6 th Oct		Group Discussion Leaders Training Seminar	
Sat, 5 th Oct	6.30 pm	2 nd Fireside	Rtn Tenny Lee's Residence
Mon, 7 th Oct	12.45 pm	Launching of 4 Way Test Project Voc Service	Shangri-La Hotel, KL
11 th – 13 th Oct	- 12.13 pm	Joint RI Districts 3300 & 3310 "SEEING EYE	Bayu Marina Resort, Johor Bahru
11 15 000		TO EYE" Seminar	-
Sat, 12 th Oct	6.30 pm	100 Percenter Appreciation Dinner	Crystal Palm Seafood Restaurant
Sun, 13 th Oct	11.00 am	In House Rotary Information Seminar	418, Jalan 5/132, Gasing Indah,
			Petaling Jaya
Mon, 14 th Oct	6.00 pm	Employer – Employee Dinner Voc Service	Shangri-La Hotel, KL
Sun, 20 th Oct	6.30 pm	PP Council Meeting	Marco Polo Restaurant, KL
$8^{th} - 10^{th}$ Nov	-	President Elects Training Seminar 1	Kuantan
Sat, 9 th Nov	9.00 am	Art Competition Awards Ceremony	Craft Complex, Jalan Conlay, KL
		Youth Service	
Sun, 10 th Nov	7.30 pm	Spouses Night	Royal Lake Club, KL
Sat, 16 th Nov	9.00 am	Career Development Day Vocational Service	Berjaya Times Square, KL
Sun, 17 th Nov	6.30 pm	3 rd Fireside	PP Ng Sim Bee's Residence
Sun, 17 th Nov	6.30 pm	R C Pudu Nominating Committee Meeting	-
$21^{\text{st}} - 24^{\text{th}} \text{ Nov}$	-	District Interact Conference	Benum Hill Resort, Raub
$22^{\text{nd}} - 24^{\text{th}} \text{ Nov}$	-	Tri Sister Clubs Fellowship	Bangkok
Sun, 24 th Nov	8.00 am	District Charity Walk/Jog	Padang Merbok, KL
Sat, 30 th Nov 6 th – 8 th Dec	6.30 pm	Club AGM/3rd Club Assembly	Trime:
13 th – 15 th Dec	-	Taipei Rotary Institute 79 th R I District 3300 Conference	Taipei
18 th to 22 nd Dec	-		Sunway Putra Hotel, KL AIMST Univ, Sg Petani, Kedah
Sat,11 th Jan 14	8.00 am	Rotary Youth Leadership Awards (RYLA) Scholarship & Grants Presentation	Alwisi Univ, sg Petani, Kedan
Sun, 19 th Jan 14	9.00 am	Visit to Jenjarom Old Folks Home	Jenjarom, Selangor.
Sun, 19 Jan 14 Sun, 19 th Jan 14	6.00 pm	District Governor's Visit	Hotel Pudu Sentral, KL
3 rd – 9 th Feb 14	0.00 pm	Trip to Northern India organized by the District	- Hotel Fudu Sential, KL
3 - 9 10014	_	International Service Committee	
Sat, 8 th Feb 14	6.30 pm	4 th Fireside	PP Datuk Y K Chew's Residence
25 th –27 th Apr14	0.50 pm	80 th RI District 3300 Assembly	Seremban
20 27 11pi 14		oo ra District 3500 rissemory	Seremoun

Back to the Future



onder what this would cost to fly? 2 hours to fly NY to London, faster than clearing security.... SonicStar plane will have a top speed of Mach 3.6. Plans for 20-seat craft were unveiled at Paris Air Show. A jet that can fly from London to Sydney in 3.5 hours could rob Concorde of its title as the fastest-ever passenger plane. Plans have been unveiled for the Hypermach SonicStar, a business jet which will be capable of a top speed of 2,664 mph twice as fast as Concorde. It will fly at 62,000ft, allowing passengers to see the curvature of the earth. Hypermach chief executive Richard Lugg wants the plane in the skies within ten years and has already secured funding from the Department of Trade and Industry, which has agreed to support the company in Britain. HyperMach plans to build its SonicStar engine by the end of the decade and to have the plane itself constructed by 2025. (How about that! Future Rotarians are lucky; no more problems planning a makeup...Ed.)

DISTRICT NEWS

DG COMMUNICATION 7/2013

1. PM IS HONORARY ROTARIAN

Our Prime Minister Dato' Seri Mohd Najib bin Tun Abdul Razak is one of the distinguished persons inducted into Rotary as a Honorary Rotarian. He is a Honorary Rotarian of RC of Metro Kuantan Diraja. There are many other distinguished personalities among our Honorary Rotarians. They will be invited to the Governor's District Conference Banquet on 14 December 2013 where they will be given a Special Recognition. Altogether there are 58 Honorary Rotarians coming from 24 Rotary clubs of District 3300.

2. <u>ALL 20 APPLICATIONS FOR DISTRICT</u> GRANTS SUCCESSFUL

All 20 Rotary clubs who applied for **District Grants** 2013-14 were successful. The District Grants Sub-Committee allocated between USD1,000–2,100 for each project. Total allocation was USD 34,488. We hope this will encourage clubs to increase their contributions to TRF.

3. <u>RI D3300 BUILDING FUND PLEDGES STAND</u> AT RM135,600

With the support of Rotarians from 32 Rotary clubs, the total pledges to the D3300 Building Fund stand at RM135,600. (NB: Pudu is yet to make a pledge.)

4. <u>DGE KIRENJIT LAUNCHES 2014-2015 ASSISTANT GOVERNORS CHALLENGE</u>

DGE Kirenjit Kaur lunched a challenge for her AGs during her AG's Training Seminar at Phuket on Merdeka Day. The Challenge involves a successful completion of all the 3 areas of Rotary activities in District 3300 in Section A and at least 6 areas in Section B.

Section A (4 items)

- Attend 80th District Assembly & Conference, PETS, Pre-PETS 1 & 2, Mid-Term Review and all District Seminars & Events organized for the Group.
- All Clubs in the Group achieve the Presidential Citation.
- All Clubs in the Group submit their attendance report to the District on time every month.

Section B (10 items)

- Achieve nett membership growth of 1% in Group.
- Per capita minimum contribution of at least USD 100 to TRF.
- Per Capita minimum contribution of at least RM100 to Yayasan Kelab-Kelab Rotary Malaysia.
- At least 30% of Rotarians attend the 80th District Assembly.
- At least 30% of Rotarians attend the 80th District Conference.
- All Club Presidents in Group attend the 80th District Assembly and Conference and District
- Training Events: PETS, Pre-PETs 1 and 2, Mid-Term Review.
- At least 3 members from each Club in Group attend the District TRF, MDR and PI Seminar.
- Each Club in Group submit at least 2 projects for District Awards.
- Every Club in Group have at least 1 Public Image News Item in the Media.
- Chartering a Rotary Club by one or more Clubs in the Group.

6. NOMINATION DATE FOR DG 2015-2016 AND 2016-2017 EXTENDED

The closing dates for DG 2015-2016 and 2016-2017 nominations have been extended to 19 October 2013.

BANDAR SUNWAY INTERACT CLUBS

Dear Friends

am happy to update that our other 4 existing Interact clubs have also been registered with RI.

As such there are 5 Interact clubs under RC Bandar Sunway. So the listing from RI with 166 Interact Clubs in District 3300 can be updated to include our 5 Clubs; that makes it 171 Interact clubs in our District.

Attached are the relevant documents.

Regards Sandra Raj President RC Bandar Sunway

DISTRICT NEWS

PRE-PETS 1 TRAINING SEMINAR

Dear Friends

Congratulations on being elected as the President Elect of your club and President in Rotary Year 2014-15 with DGE Kirenjit Kaur as your Governor.

The first training event to prepare you for a successful and enjoyable year as President of your club is the Pre-PETS 1 Training Seminar. It will be held as follows:

Date: Friday 8-Sunday 10 November 2013

Venue: Rocana Hotel, Kuantan.

Your accommodation, meals and training seminar cost will be paid by the Host Club, RC Indera Mahkota and the district. You will only need to pay for your transport to Kuantan. We will be arranging for a luxury coach from KL to Kuanatan. Further details on transportation for PEs from other parts of the country can be organized once you confirm your attendance.

Accommodation is on a twin sharing basis. However PEs who want to bring their spouse or have a single room will have to pay for the extra cost.

I have obtained your email addresses from the District Handbook. Please do me a favour. **Please reply the email:**

- To confirm that you have received this email and that you will be the President of your club in RY 2014-15.
- If you are not taking up the position or not the current President elect also do let us know.
- It would be fantastic if you are all ready to be the next President of your club and can attend Pre-PETS 1. Do let us know.

The programme for the Pre-PETS 1 Seminar has been sent to by the above email mentioned. It is designed to help you start your preparation for your year as Club President.

Regards

PDG Dato Dr Low Teong District Trainer 2014-15

ROTARACT NEWS

Dear Rotarians.

There was a presentation of the projects undertaken by the Rotaractors of the Rotaract club of Penang when I attended the meeting of the Rotary club of Penang today. The Rotaractors indeed carry out a lot of meaningful projects which are really impressive.

I call upon our District Rotaract chairman, PP Robin Tay, who happened to be at the same meeting, to encourage Rotaractors to share with us for the benefit of the many Rotarians who may be ignorant of what the Rotaractors do. We will be in for a pleasant surprise when we hear about some of their projects.

Recently, there was as an Asia Pacific Rotaract conference in Taiwan, about which we have hardly got any news. News like this deserve some coverage. Rotaractors are very much a part of the Rotary family and it would be nice to hear from them once in a way.

"The Young meet the Old" is one of the novel project of the Rotaract club of Penang which I found to be very interesting. The Rotaractors get a group of young orphans from orphanages and accompany them to visit Old Folks Homes to build a bondage between these two groups of people who have one important element missing in life - LOVE.

Please share with us regularly; and this applies to all the other Rotaract clubs as well.

Warm regards PP Baskaran

Dear PP Dr Baskaran,

Many thanks to your very quick report of last night's (25 Sep) event on the Rotaractors and in the presence of District 3300 Rotaract Chairman PP Robin Tay and his Deputies PP Li Fong, PP Bryan Chua & PP Vincent Lai at the Rotary Club of Penang Meeting.

The Rotaract Club of Penang have done well and many worthy, meaningful projects carried out in the last term were highlighted; and moving forward, many interesting projects are already lined up for the current Rotary year.

PP Robin Tay in his remark did mention, Rotarians and Rotary Clubs can learn from our partners in service and many ideas can be exchanged in doing humanitarian services.

Vincent K.L.Lai pjk, pjm, phf

YOUTH SERVICE

I-QUIZ 2013

Dear friends,

Congratulations to RC Bandar Sunway on the successful conclusion to yet another edition of the Interact Quiz competition. This competition seems to be getting better each year and with the participation from District 3310, it has become a truly Malaysian competition. It is good to hear that the preliminary rounds of the competition may also be held in Penang and Ipoh next year and is keenly anticipated.

RC Bandar Sunway has truly made this Youth Service month a memorable one. Besides the Quiz competition, you have chartered an Interact club and a Rotaract club over the last few weeks. These are no easy achievements for any club and congrats to President Datin Sandra and the inspiring and hardworking Rotarians from RC Bandar Sunway on your great achievements.

Regards PP Baskaran



ROTARY YOUTH LEADERSHIP AWARDS

18 - 22 December 2013, AIMST University, Sungai Petani, Kedah

Rotary Youth Leadership Awards or RYLA as it is popularly known began as an idea in Australia in 1959. There was a group of young people from the state of Queensland, Australia who were selected to meet up with Princess Alexandra, a young cousin of Queen Elizabeth. The Rotarians of Brisbane, who hosted these participants were impressed with their quality of these young people and it was decided to bring youth leaders together each year for a week of social, cultural and educational activities. The RYLA program gradually grew throughout all the Rotary Districts in Australia and New Zealand. In 1971, the RI Board officially adopted RYLA as an official program of Rotary International.

Every year, thousands of young adults from the age of 18-30 attend these seminars in almost all the 500 odd Rotary districts throughout the world. They spend a week together in a challenging program of leadership training, discussions, inspirational addresses and social activities which are designed to enhance personal development, leadership skills and good citizenship.

RYLA is generally conducted as a District activity though there are times when it is held as an Inter-district or as a multi-district event. This is yet another meaningful program of RI in the service of Youth.

EVERY ROTARIAN AN EXAMPLE TO YOUTH

Regards PP Baskaran

Dear Rotarians,

I'm pleased to announce that the Rotary Club of Bandar Sungai Petani will be organising the Rotary Youth Leadership Awards (RYLA) 2013 Training Programme for the Rotary Year 2013/14 from 18 December 2013 (Wednesday) to 22 December 2013 (Sunday) at AIMST University, Sungai Petani, Kedah. It is open to youths between the ages of 18 to 30 and the registration fee is RM400.00 per person for early bird registration before 31 October 2013 and RM500.00 after that. It would be best to register early to enable the Organising Committee to make all necessary preparations.

There will be a lot of good speakers led by our very own PP Siva Ananthan from the RC of Greater Kuala Lumpur and PP Sarjit Singh from the RC of Alor Setar. I can also confirm that Professor Dr. Suresh Govind from University Malaya, who enthralled us all at the last District Conference, will be a speaker at RYLA 2013

In addition, there will be various team building activities including special Zumba and Akido sessions to keep all participants fully occupied throughout the 5 days and 4 nights.

Further updates on speakers and activities will be provided from time to time once I receive confirmation from the Organising Committee.

So please do get your Interactors, Rotaractors and other interested persons and register them for RYLA 2013 immediately. The registration form is downloadable from your Club's website.

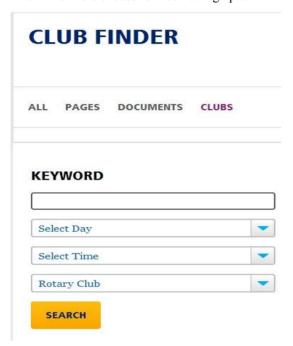
RYLA 2013 is organised by the Rotary Club of Bandar Sungai Petani in collaboration with Yayasan Kelab - Kelab Rotary Malaysia, RED Association of AIMST University, Rotaract Club of AIMST University and AIMST University.

Best regards, Arvind President

RINEWS

CLUB FINDER / LOCATOR

If you are travelling and wants to make up at a Club somewhere in the world, Rotary makes it easy for you. If you have a wi-fi laptop or smart phone, so much the better. Just access/download and use the apps available on Google search or from Android/Apple "shops." Wow! No more excuse for not making up...



Screen shot (Keyword) from Google Search



Screen shot (Near Me) from Android app

Mansfield News-Mirror

Research has shown that a large percentage of citizens have heard of Rotary Club, but only about 35 percent actually know what the Rotary Club does. Mansfield is home to two Rotary Clubs—the Sunrise Rotary Club, which meets at 7 a.m. Thursdays at the First United Methodist Church, and the Noon Club, which meets at noon Tuesdays at Spring Creek Barbeque.

Rotary's main objective is service. In connection with Rotary International, the Mansfield Sunrise Club has helped in the **eradication of polio**, brought **fresh water to remote areas**, and has multiple **programs to promote peace**. The Sunrise Club also has helped to support many local projects.

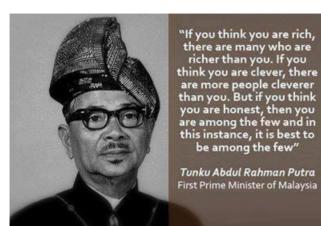
In RY 2012-13, the club has embarked on two new projects that the group feels will become annual events. In August, the club hosted the first Mansfield Sunrise Rotary/Mansfield ISD **Volleyball Tournament**. With a field of 24 teams from around the state, the club was very pleased with the inaugural event and hopes to expand to 32 teams this August. Proceeds from the tournament support the philanthropic service of the club.

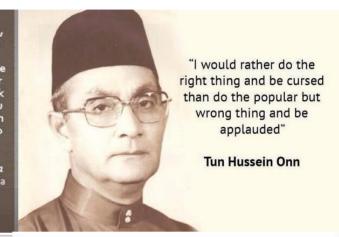
The other event the club is planning for the first time is the Mansfield ISD **Special Needs Prom** in late April. Long a supporter of special needs initiatives in the district, the club learned of the difficulty of hosting this event annually from the district special needs coordinator when the club gave him the Teacher of the Year Award in May. The club promptly awarded the district \$1,000 to support the 2012 event, but told him that the club would like to host the event in 2013. Planning is under way to present a spectacular Special Needs Prom for these deserving students in April.

As an update on recurring activities, the club continues to partner with Methodist Mansfield Medical Center on a **Read To Me Program**, in which every newborn at the hospital is given a book furnished by the club so parents can begin reading to their children at the earliest possible age. When the Sunrise Club started the program four years ago, there were 500 births in the hospital. In 2012, there were 2,000. With the help of the hospital, the club identified some sources for books that help keep up with the demand.

Posted Monday, Mar. 25, 2013

THOTS FOR THE WEEK





If you're walking down the right path and you're willing to keep walking, eventually you'll make progress.

Barack Obama

Recession is when a neighbor loses his job. Depression is when you lose yours. Ronald Reagan

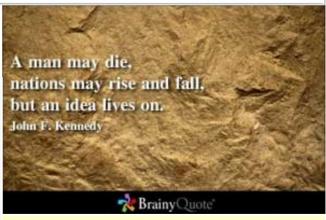


I'm extraordinarily patient provided I get my own way in the end.

Margaret Thatcher

A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty.

Winston Churchill



Courtesy to **Brainy Quote** at http://www.brainyquote.com/quotes/

ONE LINERS

Some words of Advice and comfort for all you ladies out there...



- 1. Don't imagine you can change a man unless he's in diapers.
- 2. What do you do if your boyfriend walks out? You shut the door.
- **3.** If they put a man on the moon they should be able to put them all up there.
- 4. Never let your man's mind wander it's too little to be out alone.
- 5. Go for younger men. You might as well they never mature anyway.
- **6.** Men are all the same they just have different faces, so that you can tell them apart.
- **7.** Definition of a bachelor: a man who has missed the opportunity to make some woman miserable.
- 8. Women don't make fools of men most of them are the do-it-yourself types.
- 9. Best way to get a man to do something suggest they are too old for it.
- **10**. Love is blind but marriage is a real eye-opener.
- 11. If you want a committed man look in a mental hospital.
- 12. The children of Israel wandered around the desert for 40 years. Even in biblical times, men wouldn't ask for directions.
- 13. If he asks what sort of books you're interested in, tell him checkbooks.
- 14. Remember a sense of humor does not mean that you tell him jokes, it means that you laugh at his.
- 15. Sadly, all men are created equal.





TRUE OR FALSE



What we will be forced to drive soon — The Smart Car. Below are your choices...



The Smorsche The Smorvette The Smerrari



The Smustang

Contributed by PDG Dr Paul Lee. Source unknown.



Tokai is nation's leading lightning protection and security solutions provider, providing quality products and services that protects your homes, buildings, lives and businesses. We are the only ISO certified lightning and security solutions provider in the nation and our products are registered with Jabatan Kerja Raya and SIRIM. The products also comply to standards BS EN 50164-1, BS 7430, BS EN 50164-2, BS EN 13601.

Established in 1993, Tokai has grown from strength to strength, winning numerous projects that have become landmarks in the nation. Tokai is the dominant force in the field of lightning & surge protection as well as engineering security solutions. Tokai Group of Companies is a 100% Malaysian owned entity. Our engineers and technicians are highly-trained with vast project experience to ensure total customer satisfaction. Tokai's name is synonymous with quality and excellence.

Tokai Engineering (M) Sdn Bhd

Lot 14, Jalon Astoka UB/82, Seksyen UB, Bukit Jelutang, 40150 Shah Alam, Selangar Darut Ehsan. Tel: 603-7845 2323 | Fax: 603-7845 5420 | Email: sales@tokai.com.my

Our Awards



Tokai is the proud winner of various prestigious industry awards namely The Golden Bull, Enterprise 50 and the Asia Pacific Entrepreneurship Award.



www.tokai.com.my